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OFFER ENDS NOVEMBER 30TH
KIA WINTER FEST
2013 SORENTO
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2013 SORENTO

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Sorento SX shown△

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bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT.** $8,175 remaining balance. Offer includes delivery, destination and fees of $2,183, **$500 LOAN SAVINGS**§ and **$1,000 EVERYBODY WINS SAVINGS.*** **BASED ON A PURCHASE PRICE OF $29,078.** Offer based on 2013 Sorento LX AT.

—OR— STEP UP

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2012 RONDO

Rondo EX-V6 Luxury shown△

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2013 FORTE SEDAN

Forte SX shown△

WAS	SALE PRICE	INCLUDES
~~$17,883~~	$13,993‹	EVERYBODY WINS* $1,000

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Representative financing example based on 2013 Rio5 LX MT (RO55ID) with a selling price of $16,083 (includes delivery and destination fees of $1,455, $1,000 Everybody Wins savings, tire recycling and filter charges of $34, OMVIC fee, variable dealer administration fees (up to $399), environmental fee and A/C charge ($100, where applicable)] financed at 0% APR for 36 months. 78 bi-weekly payments equal $193 per payment with a down payment/equivalent trade of $0. License, insurance, applicable taxes, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. *Every eligible contestant will win (subject to correctly answering a skill-testing question) an Instant Win prize consisting of a discount in an amount from $1,000 to $10,000 towards the purchase or lease of any new 2012 or 2013 Kia vehicle. One Grand Prize consisting of a $25,000 cheque will be randomly awarded from among all eligible contestants at the conclusion of the contest. No purchase necessary. Contest open to Canadian residents with a valid driver's license over the age of majority. Odds of winning vary by prize and by region. See kia.ca or your participating Kia dealer for complete contest rules. ≠Bi-weekly finance payment (on approved credit) for new 2013 Sorento LX AT (SR75BD)/2013 Sorento LX AWD (SR75CD) based on a selling price of $29,078/$30,978 is $160/$171 with an APR of 1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $8,175/$8,738 plus applicable taxes due at end of 60-month period. Offer includes $1,000 Everybody Wins savings, $500 loan savings, delivery and destination fees of $1,650, tire recycling and filter charges of $34, OMVIC fee, variable dealer administration fees (up to $399), environmental fee and A/C charge ($100, where applicable). License, insurance, applicable taxes, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. §Loan savings for 2013 Sorento LX AT (SR75BD)/2013 Sorento LX AWD (SR75CD) is $500 and is available on purchase financing only on approved credit. Loan savings vary by model and trim and are deducted from the negotiated selling price before taxes. Some conditions apply. ‹Cash purchase price for 2013 Forte Sedan LX MT (FO540D)/2012 Rondo LX with AC (RN750C) is $13,993/$16,928 and includes a cash savings of $2,890/$5,250 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers), $1,000 Everybody Wins savings, delivery and destination fees of $1,455/$1,650, tire recycling and filter charges of $34, OMVIC fee, variable dealer administration fees (up to $399), environmental fee and A/C charge ($100, where applicable). License, insurance, applicable taxes, PPSA and registration fees are extra. Based on the Manufacturer Suggested Retail Price of $17,883/$23,178. Retailer may sell for less. See dealer for full details. Available at participating dealers. †$2,890/$5,250 cash savings on the cash purchase of an eligible new 2013 Forte Sedan LX MT (FO540D)/2012 Rondo LX with AC (RN750C) from a participating dealer between November 1 – November 30, 2012. Cash savings is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. See your dealer for complete details. ^Model shown Manufacturer Suggested Retail Price for 2013 Sorento 3.5L SX AWD 7-seater (SR75XD)/2013 Forte SX Luxury AT (FO74XD)/2012 Rondo EX-V6 Luxury (RN75BC) is $43,045/$27,150/$28,945 and includes delivery and destination fees of $1,650/$1,455/$1,650, environmental fee and A/C charge ($100, where applicable). License, insurance, applicable taxes, variable dealer administration fees (up to $399), tire recycling and filter charges of $34, OMVIC fee, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. Available at participating dealers. The First Time Vehicle Buyer Program offer is available on approved credit to eligible retail customers who finance a select new 2012/2013 Rio 4 door, 2012/2013 Rio 5 door, 2012/2013 Forte Sedan, 2012/2013 Forte5, 2012/2013 Forte Koup, or 2012/2013 Soul. Eligible purchase finance customers will receive a credit in the amount of five hundred dollars towards the purchase of their new vehicle. Some conditions apply. See your dealer for complete details. Offer ends January 2nd, 2013. ®The Bluetooth® word mark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Some conditions apply to the $500 Grad Rebate Program. See dealer or kia.ca for details. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. KIA is a trademark of Kia Motors Corporation and Kia Canada Inc. respectively.

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Pick up or pay up: Mayor

Adds up quickly.
Katz says Emterra will now be fined for each missed trash pickup

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Winnipeg's garbage and recycling collection company Emterra is facing hefty fines for each missed pickup starting today.

On Wednesday, Mayor Sam Katz said with the completion of the grace period on Oct. 31, Emterra is now in a position to be fined and there are City of Winnipeg officials — including Darryl Drohomerski, manager of solid waste — monitoring pickups.

City officials confirmed late Wednesday afternoon that the fines Emterra could face for service deficiencies range from $100 to $500.

"If they miss all of our homes, it adds up very quickly," said Katz, adding he has no problems making the fines public, though the financial details of the contract remain confidential.

"We want to have the service provided as it should be to all our citizens with no inconvenience. Emterra is motivated because it is costing them money and they're going to be losing money, and it's significant money."

Katz said in the areas previously serviced by the Auto-Bins, which switched over on Aug. 1, there have been penalties.

"It's my understanding in some areas the fines have actually exceeded what they would have got paid, which means they were basically providing a service free of charge, so when I say significant, it's significant," he added.

"My concern is real simple: Providing the proper service in a timely fashion to the public."

Katz said the fine also applies to missed walk-ups, a service being offered to people with disabilities and older homeowners who have difficulty moving the new bins.

Mayor Sam Katz says city officials are monitoring Emterra's collection service. BERNICE PONTANILLA/METRO

To boldly grow

Gentlemen, it's Movember — let the facial sprouting (and grooming) begin PAGE 17

Square fare

Rolling skills rough? Straight-edged sushi is simple-to-make but an elegant appetizer PAGE 18

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NEWS 1

New transit fare system an investment: Councillor

E-pass. Transit smart cards get approval

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

A city committee has given the green light to a new payment system for Winnipeg Transit users.

Coun. Dan Vandal, who represents St. Boniface and chairs the infrastructure renewal and public-works committee, said Tuesday's decision means the "modernization" of the city's fare structure.

"We know that we're getting a lot more people riding the bus in the last few years, a lot more young people," he said Wednesday at city hall.

"I think it gives a wider range of choices, more flexibility for those folks who want to take transit. It's really a modernization of the system. It's an investment for the next 20 years or so."

The new fare-collection system will offer "smart cards," which can be based on 24-hour usage, a certain number of days or weeks, a semester pass for students, or even a yearly pass.

Starting Jan. 1 the regular fare will be $2.50, but many e-passes will offer a built-in discount depending on how many rides a person takes and if they fall in the student or seniors category.

Transition

The 28-day e-pass replaces the monthly pass, meaning passengers would need to buy an e-pass every four weeks instead of at the beginning of each month. The full fare price for the 28-day e-pass is $76.35; reduced fare is $53.25. Seniors pay $38.20 and post-secondary students pay $61.10.

Vandal said he understands this may perplex passengers.

"When you make any sort of transition it's going to be confusing for a while. Whether it's transit, whether it's garbage or whether it's any other large system, there's going to be some transition to it," he said.

"I'm not anticipating it's going to be seamless, but I'm confident that once people adapt to the new system it's going to be better, it's going to be more effective and more efficient for our population."

The smart card will cost $5, to ensure it is not thrown away. The system will be phased in starting next spring, with new scanners being installed on buses early next year.

Smart cards will replace cash for many transit users starting next year. BERNICE PONTANILLA/METRO

Personal phones can no longer be carried by paramedics or firefighters. GETTY IMAGES

Busy signal. City bans personal cells for firefighters and paramedics

Friends and family trying to reach a city firefighter or paramedic on the job may be reduced to communicating over a stretcher.

The city has instituted a new policy banning employees of the Winnipeg Fire Paramedic Service from carrying a personal cellphone while they're on the clock.

"The purpose of this policy is to ensure that legislation such as the Highway Traffic Act and the Personal Health Information Act are adhered to," said the city's communications officer, Allisa Clark.

"The policy serves to prevent distractions in the workplace and help ensure the safety and privacy of all personnel, the public and patients."

Clark said the new policy, which went into effect Oct. 25, isn't the result of a specific issue or incident with WFPS employees using phones while on the job.

"It's a policy that makes sense for the department," she said. SHANE GIBSON/METRO

LOCAL PERFORMER LIVING HIS DREAM AS A 'TRIPLE THREAT'

ABOVE-AVERAGE JOE
Kerri Salki

Joseph Sevillo CONTRIBUTED

Armed with an amazing laugh and filled with generosity, Joseph Sevillo is the guy who will bring you a cupcake just for being you. A "triple threat," he has acted, sang and danced across the country performing in shows like Mamma Mia and Rent, among others. He's active in the performing-arts community as a judge, choreographer and performer.

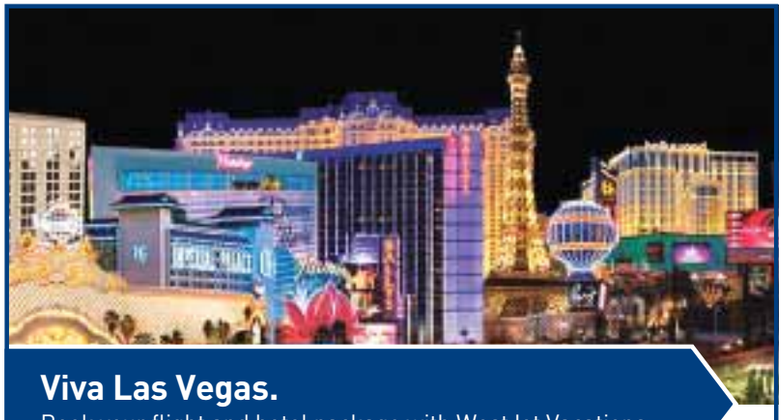
Name: Joseph Sevillo
Born: May 1, 1983
Occupation: Actor, singer and dancer
Celebrity crush: Rachel McAdams and Javier Bardem
Favourite song right now? We Run the Night by Havanna Brown, featuring Pitbull
What would your superpower be? Weather control — like Storm from X-Men
Salty or sweet? A little bit of both mixed together
Last book you read? The Four Agreements by Don Miguel Ruiz (seriously though, it was an X-Men graphic novel)
Obama or Romney? Obama!
Advice for anyone who wants to perform for a living? Work hard, stay focused, and you have to really love what you do! There may be a dry spell where you are fighting for the opportunity to perform. Be OK with that. The life of an actor is a full-time job.

Just because they're not famous doesn't mean they're not a somebody. If you know an Above Average Joe that you think needs recognition, email me at kerri.salki@102clearfm.rogers.com.

KERRI IS PART OF 'THE JOE SHOW WITH KERRI AND BUBBA' ON 102.3 CLEARFM FROM 5:30–9 A.M.

Candy, please! Students set for trick-or-treating

Earl Grey School students, from left, Riley Franzmann, 6, Dylan Van Der Krogt, 5, Aiden Tait-Freedman, 5, and Solomon Bond, 8, practise their trick-or-treating techniques at the school Wednesday afternoon in preparation for Halloween night. SHANE GIBSON/METRO



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‘Ow, it hurts’ — shocking vids seen at teen’s inquest

Caution: Graphic content. Hooded Ashley Smith had her hands duct-taped to an airplane seat by prison guards

Ashley Smith is shown in this still image taken from a coroner’s video. THE CANADIAN PRESS/HANDOUT

The haunting protests of a now-dead teenager filled a Toronto coroner’s courtroom Wednesday.

Surveillance videos were screened showing the troubled inmate repeatedly tranquilized against her will or being threatened with having her face duct-taped.

The disturbing images of Ashley Smith — images finally released after a two-year fight — showed the 19-year-old at several points in the run-up to her October 2007 choking death in a prison cell in Kitchener.

“Ow, it hurts,” a hooded Smith yells at one point as prison guards duct-tape her reddened hands to an airplane seat.

“Trust me. I am calm,” she says in a thin voice at another point, as guards threaten her.

The airplane video, from April 2007, shows Smith’s transfer from a Saskatoon prison, where a supervising guard had assaulted her by bashing her head into the floor.

Although she doesn’t appear to be putting up much resistance and she’s wearing two “spit hoods” over her face, the guards duct-tape her hands to the arm rests.

The pilot then weighs in.

“Don’t bite me,” he says.

“I’m not,” Smith responds.

“It’ll get worse if you do.”

“How can it get worse?”

“I’ll duct-tape your face.”

Correctional Service Canada is fighting to narrow the scope of the inquest into her death, arguing the coroner has no jurisdiction to delve into the federal prison system.

“Don’t let them get away with it,” Julian Falconer, Smith’s family lawyer, told presiding coroner Dr. John Carlisle. THE CANADIAN PRESS

Guards watched

Ashley Smith, 19, died Oct. 19, 2007, inside a segregation cell at the Grand Valley Institution for Women in Kitchener, Ont.

- She choked herself to death with a strip of cloth while guards, instructed not to intervene, watched.

Grief. Hydro mourns one of its own, a storm victim

A hydro worker was killed Wednesday in southwestern Ontario while working on a power line damaged by Superstorm Sandy.

The worker, whose name was not released, was electrocuted while tending to a downed power line in Sarnia, Ont., said the labour ministry.

Bluewater Power CEO Janice McMichael Dennis said the death was an “unbelievable” surprise.

“As you can imagine, his family is grieving and we are grieving here as his family,” she said.

“It is an unspeakable tragedy.”

Provincial Energy Minister Chris Bentley took to Twitter to extend his condolences to the worker’s family.

“Thoughts and prayers with family of Hydro worker killed in Sarnia,” Bentley wrote.

It was the second known death in Canada related to Sandy. A Toronto woman was killed by a falling sign on Monday. THE CANADIAN PRESS

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Storm victims in need of shelter and comfort

New problems arise.
Blazes rekindled by natural-gas leaks destroy dozens of homes in N.J.

People along the battered U.S. East Coast took the first cautious steps to reclaim their daily routines Wednesday, even as the search for victims continued. Superstorm Sandy's death toll rose to at least 63.

The New York Stock Exchange came back to life, and two major New York airports reopened to begin the long process of moving stranded travellers around the world.

U.S. President Barack Obama landed in New Jersey, which was hardest hit by Monday's hurricane-driven storm, and he took a helicopter tour of the devastation with Gov. Chris Christie. "We're going to be here for the long haul," Obama said at one emergency shelter.

For the first time since the storm pummelled the heavily populated U.S. northeast, doing billions of dollars in damage, brilliant sunshine washed over New York City, for a while.

At the stock exchange, running on generator power, Mayor Michael Bloomberg gave a thumbs-up and rang the opening bell to whoops from traders. Limited service on the subway will resume Thursday.

It was clear that restoring the region to its ordinarily frenetic pace could take days. Rebuilding the hardest-hit areas and transportation networks may take much longer.

About six million homes and businesses were still without power. In New Jersey, National Guard troops arrived in the heavily flooded city of Hoboken to help evacuate about 20,000 people still stuck in their homes and deliver ready-to-eat meals.

Tempers flared. A man screamed at emergency officials in Hoboken about why food and water had not been delivered to residents just a few blocks away. The man, who would not give his name, said he blew up an air mattress to float over to a staging area. THE ASSOCIATED PRESS

Unlikely bromance

U.S. President Barack Obama joined one of his top Republican critics to visit storm victims in New Jersey, giving Americans a high-profile display of presidential leadership.

- Gov. Chris Christie has been one of Mitt Romney's most prominent supporters, but he has been effusive in his praise of Obama's response to the storm.

U.S. President Barack Obama embraces Donna Vanzant during a tour Wednesday of a community affected by Superstorm Sandy in Brigantine, N.J. Vanzant owns a business damaged by the storm. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

manitoba Seniors music festival 2012

Anthems, Ballads and Concerti
Monday, 29 October 2012

The Seniors Festival Orchestra perform Beethoven's Fifth Symphony, the Haydn Trumpet Concerto with trumpet soloist Blaine Workman and the Grieg Piano Concerto with piano soloist Valerie Pearson.

Frank Burke and Ron Paley duo perform ballads on flugel horn and piano.

Seniors Music Festival Concert Band perform the music of Rimsky-Korsakov, Copland, Jenkins, Dvorak and Bach.

Celebration of Seniors
Tuesday, 30 October 2012

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Vacationers. Tourists can finally get off Facebook and see a bit of the city

Museums, the Empire State Building, Broadway theatres and many stores reopened Wednesday to the relief of tourists who'd been stuck in hotel rooms since the weekend due to Superstorm Sandy. But parks, the 9-11 Memorial, the Statue of Liberty, Ellis Island and other top attractions remained shuttered.

"We tried to go to Central Park but it was closed," said Angela Walsh, who travelled from Lincoln, England, with her husband and two kids, as they took pictures at Rockefeller Center Wednesday morning, where the rink was opening for skating. She said they'd spent much of the last two days in their hotel room. "Thank God for Facebook," she added. "That kept them entertained." THE ASSOCIATED PRESS

Bright side

"We are pleased because we are alive."

Tourist Martine Juillard of Paris, waiting with her daughters for the Abercrombie & Fitch store to open on Fifth Avenue

Commuters cross New York's Brooklyn Bridge Wednesday. Rush-hour traffic appeared heavier than on an ordinary day. RICHARD DREW/THE ASSOCIATED PRESS

N.Y.C. Marathon

Disaster will be backdrop to run

The New York City Marathon is a go for Sunday. While logistical questions persist, one thing is certain: The 42-kilometre route will have a disaster for a backdrop. And a debate: Some say it pulls resources and focus away from people in need.

"I think some people said you shouldn't run the marathon," Mayor Michael Bloomberg said at a news briefing Wednesday. "(But) there's an awful lot of small businesses that depend on these people. THE ASSOCIATED PRESS

Alert over

Danger cools at N.J. nuclear plant

A nuclear power plant in New Jersey is no longer under an alert caused by Superstorm Sandy. The alert at Oyster Creek plant in Forked River was triggered as water rose outside the plant, threatening cooling equipment. It ended early Wednesday. THE ASSOCIATED PRESS

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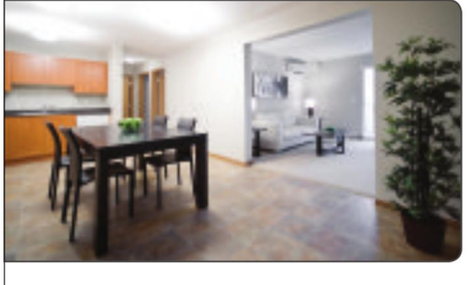

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Hall Beach in Nunavut grew because of a radar station built there in 1957. Four men who moved graves from the community Nunavut will claim responsibility. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Haunting, dirty job in Nunavut still unpaid for

Hall Beach. Hunters who relocated graves 44 years ago never received compensation

More than 40 years ago, four hunters in Canada's northern reaches had the haunting task of relocating 20 graves from the centre of the hamlet of Hall Beach to its outskirts.

Using dog sleds, it took the men days to move the bones and partially decomposed bodies, but they were never paid.

And now, 44 years later, their compensation is still a matter of vigorous debate with absolutely no resolution. Ottawa says it's not responsible and Nunavut politicians say the new territory wasn't even around then, so forget it.

"They were promised compensation for doing the work (by the then-federal settlement manager) ... but they never did get paid," Louis Tapardjuk, the MLA for the area, told the Torstar News Service.

Hall Beach, which has about 600 people, is at the northeastern tip of Melville Peninsula at the shores of Foxe Basin, a narrow strait across from Baffin Island.

Only one of the hunters is still alive and he is said to be dying of cancer. He and the families of the other three are reported to be looking for $5,000 each.

Tapardjuk raised the matter in the Nunavut legislature as recently as this week, urging the Department of Health and Social Services' Keith Peterson to do the right thing, but he offered only sympathy for the hunters' families.

"The government of Nunavut wasn't even in existence until 1999," Peterson said, adding the matter only landed on his desk last year.

"The government of Canada clearly indicates in their correspondence that they have no record of this event ever occurring. It's very puzzling. I know the community says it did happen. The federal government, to whom they have been corresponding with, said that it didn't happen and the statute of limitations has run out."

TORSTAR NEWS SERVICE

Quoted

"The government of Canada clearly indicates in their correspondence that they have no record of this event ever occurring. It's very puzzling."

Keith Peterson, Nunavut Department of Health and Social Services

by dogsled more than 40 years ago are still waiting to be paid. Neither the federal government nor the government of

Birds fly past the Hall Beach cemetery. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Whose responsibility is it?

'They never even got a thank-you letter'

The graves were originally located right in the centre of the hamlet, and Tapardjuk said it was a federally appointed settlement manager who ordered them moved, which the federal government now denies ever happened.

"Can you imagine all the emotional stress that came along having to deal with bloody graves and the men's clothing smelling like death? Apparently it was a horrible smell. The sleds even had to be destroyed after that. Through all that they never even got a thank-you letter or anything," Tapardjuk said.

He added it is "extremely frustrating" to keep raising the matter of compensation and have nothing happen.

Peterson countered: "With respect to financial compensation, that's very difficult for me to answer. We have no idea what the costs are and who acknowledges responsibility. What I'm prepared to do is offer the individuals and the community of Hall Beach counselling and support to these individuals affected and help them with their grieving and healing process."

Tapardjuk said the compensation would go a long way for the families "for equipment to go hunting ... but instead they get nothing in return."

Hunting and fishing are the main occupations in Hall Beach, one of the oldest communities north of the Arctic Circle.

TORSTAR NEWS SERVICE

Flu vaccine gets all-clear: Was hold a little too hasty?

Flu season. Canada says Novartis is safe to use, while Italy, which sparked worldwide fears, is now reviewing its decision to ban it

It's flu-shot season — and the Novartis vaccine has gotten the green light. JEFF MCINTOSH/THE CANADIAN PRESS

Health Canada lifted its hold on Novartis flu vaccines on Wednesday.

It said a review of the products reassured the department the vaccines are safe to use.

Switzerland, which also suspended use of the vaccines last week, followed suit.

And it was reported that even Italy, which was the first in a chain of countries to halt use of the Novartis vaccines, is now reviewing its decision, too.

In fact, a senior Health Canada official admitted the agency might never have put a hold on the products if it had been in possession of details last week about why its Italian counterpart had blocked delivery of Novartis vaccines in that country.

Health Canada was finally able to get those details from Italy on Tuesday and also used other sources of information on the products, sold in Canada under the names Fluad and Agriflu.

It turned out that Italy had taken the action solely based on a report from Novartis that it had found an imperfect batch of vaccine made at its Siena, Italy, plant. Other batches were apparently OK.

The Novartis vaccines make up a total of 20 per cent of Canada's combined flu-vaccine purchase this year.

THE CANADIAN PRESS

Don't blame Sandy

It's cleanup time in Toronto — and you can't put all the blame on Superstorm Sandy. While its torrential rains were causing havoc, a fierce fire broke out on the city's fashionable Queen Street West. A commercial building that housed apartments and a Roots store was destroyed. The cause is unknown. RENÉ JOHNSTON/TORSTAR NEWS SERVICE

Storm aftermath

Toronto offers N.Y.C. transit help

Toronto's transit bosses have offered to help New York get its transit service back on line.

The offer extends "to whatever they need — track, signal, structural, electrical expertise, vehicle engineers," said Toronto Transit Commission spokesperson Brad Ross.

Meanwhile, Toronto council voted to help New York City with its cleanup after Superstorm Sandy.

TORSTAR NEWS SERVICE

SPCA on alert

DIY surgery puts dogs at risk

Saskatchewan SPCA officials are worried by reports of people neutering their dogs with do-it-yourself surgery.

SPCA manager Kaley Pugh says she has seen five reports this year of dog owners using elastrator bands to neuter their male dogs, a practice usually found on the farm when castrating bulls.

THE CANADIAN PRESS

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Financial planning

40% of Canadians relying on homes to fund retirement

About four in 10 respondents to a new BMO study say they aren't confident in their ability to save for retirement and the same number are relying on the value of their home to help fund their retirement.

BMO warns that using a home as a nest egg is a risky idea and that personal savings must play a role in retirement planning. The BMO Retirement Institute survey, conducted by Harris Decima, polled 1,002 Canadian respondents.

THE CANADIAN PRESS

Have a latte and a charged phone

Power up. Starbucks starts wireless charging program in U.S. stores

In this July file photo, a cup of Starbucks coffee sits outside a shop in Cambridge, Mass. The chain's Boston-area stores now offer customers wireless charging for their mobile devices. THE ASSOCIATED PRESS FILE

If Starbucks has its way, that double espresso might not be the only thing to give you a jolt the next time you visit.

The Seattle-based coffee chain has unveiled a wireless charging pilot program at 17 Boston-area stores. All Starbucks locations have had free Wi-Fi access since 2010.

The company didn't immediately respond to a Torstar News Service request for comment, but in a published report, executive Adam Brotman didn't rule out expansion of the wireless charging program to other Starbucks locations.

"Customers are coming into our stores every day with mobile devices, and putting them down on the table. If they could be charging their device at the same time, then we've connected with that customer and met their need, maybe even before they realized they had a need for wireless charging," Brotman said in the report, from the Boston Globe.

The wireless charging uses inductive chargers supplied by Duracell Powermat. While inductive charging has the advantage of doing away with wires that people can trip over, there are a few disadvantages.

In particular, inductive charging doesn't charge batteries up as quickly as standard plug-based charging. Another issue is that inductive charging can heat your device up in addition to charging it.

TORSTAR NEWS SERVICE

E-commerce . Canucks will buy one-fifth of holiday presents online

This holiday season, about 20 per cent of gift purchases in Canada are expected to be made online.

One in five presents bought via the web sounds like a sizable number, but compare that figure to the shopping habits of web-savvy Americans, Brits and Germans and it's actually tiny.

According to a recent eMarketer report, 90 per cent of Internet users in the United Kingdom expect to do some of their shopping online this year and half expect to do most of their buying through the web.

E-commerce could be a much, much larger trend in Canada if consumers had more places to shop online, says Rafe Petkovic, Google Canada's head of industry for retail.

The state of online shopping in Canada today is similar to what consumers in the United States, United Kingdom or Germany experienced in 2006 or 2007, Petkovic adds, with relatively few retailers to choose from, limited inventory selection and inconsistent shipping options.

"They are certainly markets that are very, very far advanced in comparison to some of the most nascent markets, of which I think Canada is one," he says.

"That's not to say it's going to take five to six years to get to a state of e-commerce sophistication, because the benefit that Canadian retailers have is they can steal with pride and learn the lessons that have been painfully learned by their peer set in other markets around the globe.

"So I'm very bullish and optimistic about the opportunities that exist for Canadian retailers online."

Home-improvement chain Lowe's, which will mark its five-year anniversary in Canada in December, just took the plunge by enabling online shopping earlier this month.

THE CANADIAN PRESS

Canadian challenges

- The country's vast geography and lack of population density are daunting to Canadian retailers looking to launch an online shop.
- Those factors make inventory management and the ability to offer inexpensive — or ideally free — shipping more challenging.
- Having a robust, secure e-commerce operation also requires a significant investment, which some companies have been reluctant to make.

Economy declines for first time since February: StatsCan report

Canada's economic expansion came to a surprising halt in August, posting the first decline since February and setting the stage for the worst quarter of economic activity in more than a year.

Real gross domestic product shrank by 0.1 per cent over the month, with both temporary and fundamental factors taking the steam out of what economists had expected to be a relatively healthy 0.2 per cent advance.

Finance Minister Jim Flaherty cautioned against overreacting to the one-month setback, saying the economy is growing. "It is one month," he told reporters on his way into a Conservative party caucus. "There is some weakness in Europe certainly, and the American recovery is slow. We are going to see variations month to month, but overall for the year we are on track with GDP growth."

But with contractions in 10 out of 18 industrial sectors, including the big ones of manufacturing, construction, mining and oil and gas extraction, "this is no fluke," said Bank of Montreal economist Doug Porter.

A worker assembles a business jet at Bombardier's manufacturing facility in Toronto in May. The Canadian economic expansion came to a surprising halt in August, posting the first decline since February. THE CANADIAN PRESS FILE

"While some temporary factors weighed on activity in August, the main message here is that the economy is struggling to churn out any growth whatsoever."

Despite private-sector economists' expectations, the weakness had been somewhat foretold by the Bank of Canada last week when it surprisingly downgraded growth for the third quarter to an anemic one per cent, blaming temporary shutdowns in the natural-resources sector.

But Scotiabank economist Derek Holt said the bank would be lucky to meet even its revised forecast now, saying the quarter, which ended in September, is now tracking at about 0.5 per cent growth.

THE CANADIAN PRESS

Quoted

"The most disturbing thing about the report is the breadth of declines across so many different sectors."

Scotiabank economist Derek Holt

Chinese tourism

South Korean island to become gambling mecca

South Korea's Incheon city said Wednesday it aims to transform a small fishing island off the country's west coast into a hub of tourism, shopping and gambling to rival Macau and Las Vegas.

The city, 28 kilometres west of the capital Seoul, hopes to eventually attract up to $290 billion US in investments by 2030 to build casinos, hotels, auto-racing tracks, a marina and K-pop concert halls in its district of Yongyu-Muui.

Incheon hopes the tourism complex will lure the growing middle and upper class from China, who are spending more on leisure and travel, and tourists from Japan.

To increase its appeal to Chinese tourists, the new island will be named Eightcity and built in the shape of "8" after the auspicious number in China.

THE ASSOCIATED PRESS

BELIEVING IN STAR WARS IS SO DONALD DUCK

HE SAYS...
John Mazerolle
metronews.ca

Finally, there's going to be a fourth Star Wars movie! After almost three decades! Wow!

It's hard to believe there's been nothing since Return of the Jedi, back in 1983! Because there hasn't been. Nothing. *Nothing.* Understand? There have been no prequels, no tampering with the trilogy, no terrible cartoons. Understand?

George Lucas THE ASSOCIATED PRESS

Good. And if I hear the word midi-chlorian out of you, it won't just be Greedo shooting first. Got it?

Sigh.

Much like Lando's "mask" in Jabba's palace, I'm not fooling anyone. But, like every human from this galaxy who has ever seen Star Wars, I wish somebody would Jedi mind-trick me into forgetting the prequels and spinoffs and "special editions."

But now George Lucas has sold the franchise to Disney for more than the GDP of Swaziland (for real, I Googled it). And Mickey and Co. say they're going to make at least three more films, which means Star Wars geeks everywhere have new hope.

Much anger, fear, hate and suffering have we for Lucas. It's impossible to think of a creator of anything so popular who is more reviled than he is. Many geeks spit his name the same way NHL fans say "Gary Bettman," but Bettman didn't invent hockey. It's a unique situation.

The ship has sunk

"I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull."

But, then again, it's hard to overstate how disappointing Episode I: The Phantom Menace was to anyone who watched Star Wars as a child. Never have so many stood in line for so little.

There's a Lord of the Rings prequel coming out next month: If Lucas was in charge of that project, we'd learn that the battle for Middle Earth was a dispute over an estate tax, that Frodo can carry the ring because of micro-organisms called arthro-mitials, and that before Sauron became the Dark Lord he was a whiny teenager.

Was Lucas only in it for the money? Maybe. But more likely he was only in it for the toys, be it multimillion-dollar special effects or plastic figurines.

Star Wars always had lots of merchandise, but in the old days it was more a by-product of the excellent films. The original toys were sort of charming in their clunkiness. A lightsaber appeared magically from inside Luke's arm, decals came off R2-D2 in the bathtub, and many frustrating hours were spent in childhood just trying to get Hammerhead to stand up without falling over.

By the time the third prequel came out, there were so many slick toys, ads and cross-promotions it would not have surprised me to see Obi-Wan talking through an AT&T hologram and Darth Vader explaining that he draws his strength from the power of Pepsi.

I've heard a couple of people say that they're worried Disney will ruin the franchise, which to me is like worrying a salvage team retrieving a sunken ship might scratch the hull.

With any luck, Episode 7 will be the movie we were all waiting for in the late '90s. After all, Disney is the film company that has made epic sequels like The Santa Clause 2, and sci-fi fantasy smashes like John Carter. What could possibly go wrong?

May the Force have mercy on us all.

500 years and counting

MUSEI VATICANI

Anniversary

Painting marks half-millennium

Today marks 500 years since the completion of one of the world's greatest artistic masterpieces, Michelangelo's Sistine Chapel ceiling.

To commemorate the half-millennium, Pope Benedict XIV has held a simple vespers prayer service, a repeat of the devotion to the finished ceiling by Pope Julius II in 1512.

The Vatican has warned it may eventually limit the number of visitors (now five million a year), with sweat, dust and carbon dioxide all contributing to the painting's slow decay. METRO

Conservation

Air conditioner to help preserve art

In an effort to purify the air inside the sacred site and protect the frescoes, a state-of-the-art air-conditioning system, which Vatican Museums director Antonio Paolucci claims is "the most advanced in the world," will be in place by the end of 2013. "My goal is the elimination of atmospheric pollution and I believe the new system will work very well," Paolucci said.

But the conservation has not been without criticism.

"Until the last restoration (1980-90) the ceiling was in remarkably good condition for its age," Michael Daley, director at restoration group ArtWatch, told Metro. METRO

Sistine Chapel

- In 1475, the Sistine Chapel was commissioned by Pope Sixtus IV, from whom it gets its name. Since that time, Catholic cardinals have convened at the chapel in a papal conclave to elect a new pope.
- Michelangelo was accused of immorality and obscenity for depicting naked figures in a church. After his death, Church officials ordered another artist to paint loincloths over the offending genitalia.

The Creation of Adam is the most famous section of the fresco.
MUSEI VATICANI

Metropolitan Panel

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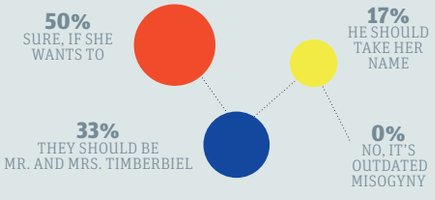

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@SylVermette:
Is there somewhere I can donate to stop men from growing a Movember 'stache? #movember #winnipeg #manitoba

@stateofthecity:
This evening, I'll be giving out free candy - !!! - to any child who visits my house in costume. Offer for one night only.

@jforkkk:
halloween just doesn't seem the same anymore #missbeingakid

@ChrisDca:
Random fact from new Cineplex VIP theatre: if you're obese, you can reserve two seats just like on an airplane. #Winnipeg

@Brittanymaria:
Yeah, I'm a keener and work ahead in all of my classes... #nerd #dontjudge

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It's all about feelings for this spoken word master

Shane Koyczan. Poet with a dark, painful past just trying to keep the world sane with emotional release

BACKSTAGE PASS
Jared Story
winnipeg@metronews.ca

Canadian spoken word poet Shane Koyczan is in touch with his feelings and yours.

"My pursuits are emotional. I think people are able to connect emotionally to themselves better than intellectually," Koyczan says.

"As much as I like to challenge people's preconceptions about this, that or the other, I think it's important for them to see that they can be sitting next to a complete stranger and they're both crying or laughing about the same thing."

Yes, Koyczan is a uniter, not a divider.

That was especially apparent when the 36-year-old poet performed his patriotic piece We Are More at the opening ceremony of the 2010 Winter Olympic Games in Vancouver.

"One of the best things that came out of that is it gave people a reference as to what spoken word is," Koyczan says.

"Up until then when we used the word poetry, people would immediately run in the other direction because the poetry they were used to was that dusty old tome they were given in high school, which by the way I stole three copies of because I loved it."

Spoken word poet Shane Koyczan brings his words of wisdom to Winnipeg on Monday. SUPPLIED

Besides English class, Koyczan isn't especially fond of his school-age years.

Raised by his grandparents in Yellowknife, N.W.T. and later Penticton, B.C., Koyczan says he was constantly bullied as a kid, a past he found too painful to put into poetry, that is, until recently.

"I had to realize that those years are positive because I made it through them." Says Koyczan, who once again resides in Penticton after a decade plus of living in Vancouver.

"As awful and dark as it was, there was something to it. I don't want to say it made me stronger or anything cliché like that, but I was able to get through it and in that way it becomes beautiful. What starves you carves you."

Speaking of starvation, Koyczan says spoken word is resurging because people are emotionally malnourished due to a lack of any real person-to-person contact.

"We've got this plugged-in culture, but it's important to have that emotional release. You need it. It's what keeps you sane," Koyczan says. "We do all these things to sustain our lives, but the things we feel are why we live."

Koyczan performs his poetry Monday night at the West End Cultural Centre. Tickets are $20 at Winnipeg Folk Festival Music Store and Ticketmaster. Showtime is 8 p.m.

Game changer

"Up until then, when we used the word poetry, people would immediately run in the other direction because the poetry they were used to was that dusty old tome they were given in high school, which, by the way, I stole three copies of because I loved it."

Shane Koyczan, on why performing at the Olympic Games in Vancouver was important to him.

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Plane-crash king.
Director strove for realism in fall from sky

Flight, directed by Robert Zemeckis, opens Friday. NATHAN DENETTE/THE CANADIAN PRESS

With the upcoming release of the disaster film Flight, acclaimed director Robert Zemeckis can rightly seek the title of Hollywood's plane-crash king.

His latest drama begins with a terrifying catastrophe that sends crew and passengers see-sawing through the air as a routine trip goes horribly awry.

It was a complicated sequence that involved lots of computer-generated technology and meticulous planning, Zemeckis said during a stop in Toronto to promote the film. "All of those things that you use in movies," he said.

His last live-action film, Cast Away, also included a heart-stopping crash landing. The Tom Hanks survival epic features a FedEx plane tossed through the air by a violent storm until it plummets into the ocean.

In the years following that film's release, the aircraft's distinctive dive sparked intense online debate among pilots and aviation experts over the circumstances, staging and plausibility of such a crash.

Zemeckis, who won an Oscar for directing Forrest Gump, says he's hoping there's no eye-rolling over his latest big screen catastrophe in Flight. He said he strove for as much realism as possible.

"We have real pilots and experts vet all these ideas so we don't have anyone doing that," he said of picky eye-rollers.

Zemeckis added that the crash in Flight was based on an actual Alaska Airlines accident in 2000 that killed all 88 people on board.

Things turn out much differently in his fictional version.

It's not a spoiler to reveal that most passengers survive thanks to the bold manoeuvres of a veteran pilot, played by Denzel Washington.

Washington's troubled character, Whip Whitaker, emerges a hero for averting disaster, but soon comes under scrutiny for the role he may have played nonetheless.

"I found the complexity of the character really intriguing, the way all the characters were shades of grey," Zemeckis said.

THE CANADIAN PRESS

Washington flies high with complex role

Flawed hero. Actor says making Flight was fulfilling a promise he made to an old, departed friend

NED EHRBAR
Metro World News in Hollywood

Denzel Washington plays a talented — but troubled — pilot in Flight. HANDOUT

We at least now know how Denzel Washington would answer the age-old question of which super power it's better to have: invisibility or flight.

"I have a flying dream. I've had it for most of my life," Washington says, opening himself up to amateur dream interpreters everywhere.

"Somehow I always end up near the city and I go underneath bridges. And I would just work my way down, and I'd stay under them. Then I would have the other part of the dream, it would be this takeoff forever, and I would (be) like, 'Oh, I've got to stay below the street wires.' And then I'm starting to go back up, but then, you know, I've got to get back below the wires. I don't know what it means."

Washington engages in a slightly different kind of flying in Flight, his latest film from director Robert Zemeckis.

In it, the Oscar-winner portrays a talented but troubled pilot who brazenly lands a malfunctioning plane with minimal casualties — but he happens to be coming off a booze- and cocaine-fueled bender at the time.

What unfolds is a man lauded as a hero and forced to face his demons at the same time.

The role was definitely a challenge for Washington — but then, he likes a challenge. "I wouldn't say it was easy," he says of playing out the turmoil of his character's life. "But you're raw. It was just raw. Your nerves are raw."

And it certainly beats the alternative.

"You know, tough spots for me are pictures I don't want to be on," he says.

"When the people say, 'What's the hardest part of a movie?' You know, if you're on a movie and it's like the third day and you go, 'How many days have we been shooting?' 'Like, three.' 'How many more have we got to go?' '117.' That's a tough movie for me, but this was an adventure."

As for what drew Washington to the project in the first place, it turns out making Flight was part of keeping a promise to an old, departed friend.

"My agent, the late Ed Limato, the last two scripts he gave me were Flight and Safe House," Washington explains.

"That was a part of it — a promise I made to him."

Quoted

"I wouldn't say it was easy. ... It was just raw. Your nerves are raw."

Denzel Washington on playing the role of a heroic, but flawed, pilot in Flight.

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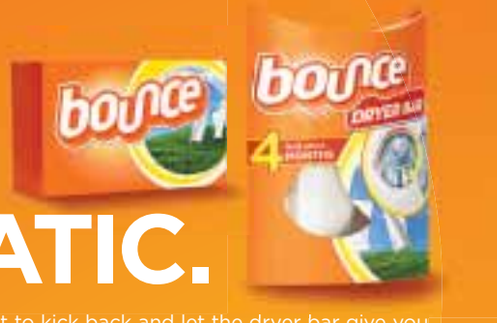

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Russell Brand. ALL PHOTOS GETTY IMAGES

Russell Brand dispensing sage advice to celebrities

Russell Brand, who is something of an expert when it comes to facing problems with drugs and alcohol, could offer troubled starlet Lindsay Lohan some pretty valuable advice, but he's saving it for Lohan herself.

"If I did have (advice), I'd give it to her directly," Brand tells Hollyscoop. "Lindsay, I don't suppose you got a phone or anything."

And while he waits for her contact info, the former addict does have some advice for stars who don't necessarily need rehab treatment.

"If they don't have a problem with drugs or alcohol, they should drink a lot and take lots of drugs and enjoy themselves," he says.

Justin Bieber

Stop the presses! Justin Bieber has a hamster

Justin Bieber likes to keep things interesting while on the road, and keeping things interesting apparently involves carting around a pet hamster named Pac.

"This is Pac the hamster, my new Believe Tour pet," Bieber says in a post to Twitter that includes a photo of the tiny rodent. "I will bring him to every meet-and-greet."

The Word

Miley Cyrus to have three weddings across planet

Miley Cyrus is reportedly planning to go all out when she marries fiancé Liam Hemsworth, celebrating with three lavish weddings around the globe, according to Star magazine. Cyrus and Hemsworth, who announced their engagement in June, are said to be planning separate ceremonies in Los Angeles, her native Tennessee and his hometown of Melbourne, Australia. All three ceremonies will reportedly take place next year — with a different wedding dress for each — and Cyrus had reportedly budgeted $1 million for the endeavor.

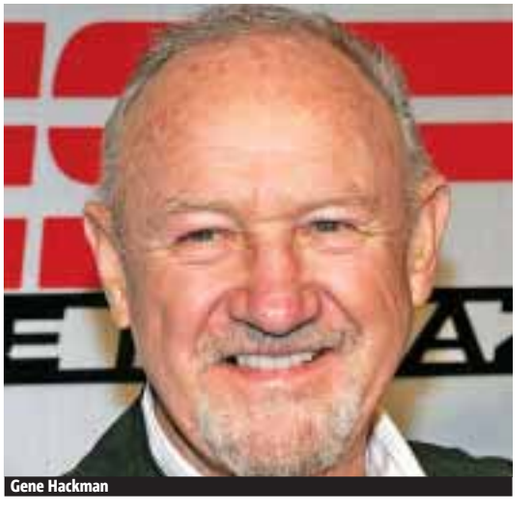
Twitter

@katyperry
I'm starting to rationalize with Doomsday preppers. *whistles a particular REM song*

@billmaher
Looking forward to James Bond movie; Obama's like him cuz he's cool, has license to kill; and Mitt's like him cuz he's been 6 different guys

@realjaclynsmith
An honest person is a person who can play chess on the phone.

@SteveMartinToGo
Even though we've had to cancel all the shows due to the storm, in an unprecedented move, we are going to keep all the ticket money.



Gene Hackman

Don't mess with Gene Hackman

Gene Hackman reportedly slapped a homeless man who had accosted Hackman and his wife, Betsy Arakawa, outside a restaurant in New Mexico, according to TMZ.

The man, Bruce Becker, reportedly approached the couple as they were leaving the restaurant, and an argument ensued, culminating with Becker insulting Arakawa and Hackman defending himself by striking Becker. The police were called but no charges were made against Hackman, as it was determined he acted in self-defence. His rep did not respond to a request for comment.

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LIFE 3

Going out on a Lim: A Reitmans-Martin mash-up

Power couple. Metro gabs with dynamite design duo Martin Lim and their Reitmans collaborator Brigitte Martin about inspiration, comfort and accessibility in fashion

BRIGITTE NOËL
life@metronews.ca

Montreal-based design duo Martin Lim has wasted no time becoming a recognizable name in the Canadian fashion industry. With a mere four collections under its belt, the nascent label has already garnered critical acclaim and won the prestigious Mercedes-Benz Start Up program. Now, the designer power-couple of Danielle Martin and Pao Lim are collaborating with Reitmans on a capsule collection of 10 dresses.

So how did this collaboration start?

Brigitte Martin (Reitmans merchandise manager): When we were in Toronto last year, (Martin Lim) were showing and they really were loved by the public, so they were on our radar. We weren't sure who they were, we thought it was one person. We wanted to meet them and when we did, it was even more than we expected.

Pao Lim: We were excited by the news, the first meeting just fit. We were surprised, because we're a relatively young business.

So how did it go from there?

Brigitte: They weren't sure if at first they should come up with new ideas, but I said no, we love what we've seen so far, that's the real DNA of Martin Lim. I don't know if it was so clear for you what your DNA was for us?

Danielle Martin: Somehow yes and no. If we love something we just make it, we don't think, "is it our DNA or not?" But when we had to create the collection here, we really had to think, OK, what is Martin Lim about, what is significant in our style?

Pao: It's a very concise collection, so every dress has to be recognizable. It's more of a challenge for us.

You used some quite interesting elements, some vegan leather, even neoprene.

Pao: We bound two fabrics together to have that neoprene look: we use silk and we bind it to jersey to have that comfort.

Brigitte: It's the mix of all the fabrics that was a surprise for us. Without intending to, their signature touches came through. The first ideas they drew were the bodycon shift dresses. They were doing a plus and a petite also … Danielle has an interesting way of talking about plus, she calls it "épanouie," which is a blossom.

Danielle: Pao wanted a bodycon dress for the plus sizes, he wanted to have the shape and the curves.

Pao: Yes, it glorifies the woman curve. Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?

Danielle: I really like to use the silhouette to attract le regard to the décolleté, to the front. For a petite, (the dress) just elongates the legs. The waist is slightly higher. You can wear it with a jacket, or without, or go to dinner.

From office to party!

Brigitte: Yes! That was the versatility we were looking for, that's sort of part of our brand platform — versatile and comfortable. That's not what you think when you see this collection. (Comfort) wasn't the ultimate goal at the beginning, but it wound up working very well.

Danielle: I have to see if I can sit, if I can walk, if I can live in my clothes.

How did you imagine women feeling in these clothes?

Danielle: When we create, we always think about different women — women we know, women we see on TV, friends of ours.

Pao: It's a combination of different personalities, different characters. Every season, we give names to dresses — I think it's very interesting when you give names to clothes because you really picture somebody wearing it.

Danielle: It gives it a personality, so you can get more attached to your garment.

THE MARTIN LIM FOR REITMANS COLLECTION IS AVAILABLE ONLINE ON NOV. 1 AND IN SELECT STORES ON NOV. 2.

Husband and wife business team Danielle Martin and Pao Lim. PROVIDED

Let's hear it for the boys

Ladies, while you're shopping for the best of the dresses, do a good deed and give a thought to your man's duds. Tip Top Tailors provides you with everything you need to know to get him perfectly suited up this season:

- **What black was, blue is.** And grey for that matter. While he can still wear his black suit, it's time to lead him toward charcoal grey or mid-blues, both of which are now looking very sophisticated.
- **It's all about the fit.** And the fit is changing. Men's suits and sports jackets are a little leaner even if he isn't! You may have to lead him toward a suit that fits as close to the body as he's comfortable with. But don't confuse this with tight — he needs to look at ease in it.
- **They're back and they're back big!** Sports jackets, dormant these last few years, are looking terrific and they're perfect for business. Fabrics are lush (think suede and velvet), colours range from rich to muted. He can be a bit bolder here than he might be with a suit as long as he pairs it with a neutral pant.

Show off your shape

"Very often, when people design plus sizes, they tend to try to cover the body. We say, why hide?"

Pao Lim
Co-creator of Martin Lim

Three to compare

LIMI

It's a mixing of texture, the bonding of the shine with the knit, and the injection of colour on top. It just lifts you.

- Brigitte Martin, Reitmans

BIJOUX

It's just a nice, easy, timeless dress in terms of the way that it moves with you and you can keep it forever.

- Brigitte Martin, Reitmans

MARIA

I really like to use the silhouette to attract "le regard," to the décolleté, to the front, with that green piece.

–Danielle Martin, Martin Lim

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 15 SHOPPERS DRUG MART

Editor's picks

Clarins Revitalizing Gel

$48, clarins.ca

L'Oreal Paris Hydra-Energetic Ice Cold Eye Roller

$16.99, lorealparis.ca

L'Oreal Paris Hydra Energetic Magnetic Charcoal Cleanser

$12.99, lorealparis.ca

Gillette Fusion ProGlide Styler

$26.99, gillette.com

On taming the facial tiger

Get in your face!

Maintaining your money-makin' mo' is as easy as taking a few moments to embrace that beautiful face

It used to be significant others only who would dread the hockey playoff season when it came time to deal with unruly facial hair. Now the once-a-year beard blitz is a double whammy thanks to Movember. Still, there is no reason that 'stache can't be stylish — and well-pruned. We have a few pieces of advice to get you and mo' through the next 30 days.

Keep it neat

Boys, if you don't own a trimmer, we suggest you get one — either that or learn how to use tweezers without flinching. Think of your 'stache as an eyebrow. Get rid of any wayward follicles and smooth down those strays. Be creative with the look, and keep the rest of your face well shaved to draw the eye toward your fundraising endeavor.

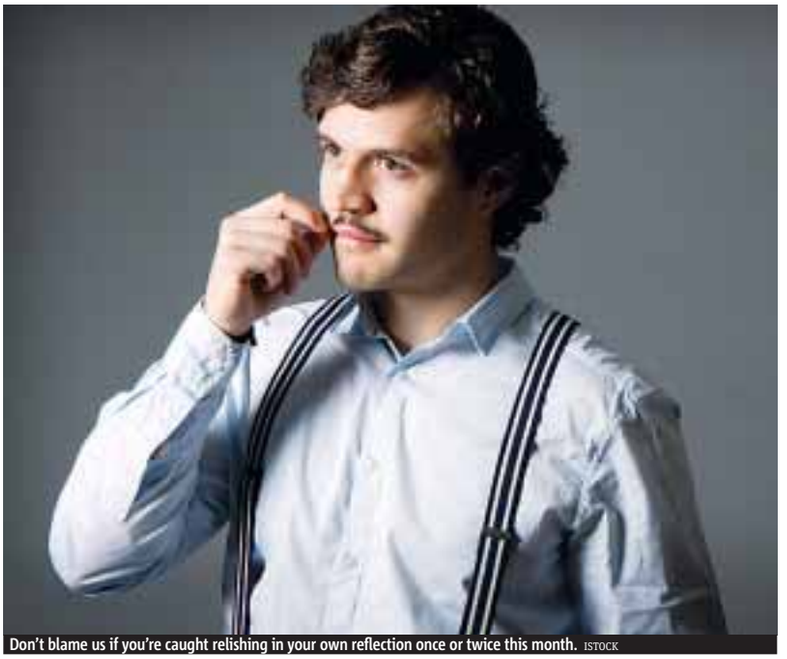
Glow time

So what if your 'stache does look a bit more caterpillar creepy than cultured? Caring for your skin will help distract attention from your upper lip. We recommend a good moisturizer and facial toner that will awaken your pores and keep your skin looking healthy throughout the month. And don't forget your eyes. An eye roller will refresh any signs of fatigue like under-eye circles or darkness.

Work the 'do

If you are not as efficient as other guys when it comes to facial hair growth, or are just worried about an overall unkempt look, splurge on a haircut to balance out the look. The good cut will help to keep you looking dapper no matter what is taking place below your nose.

METRO

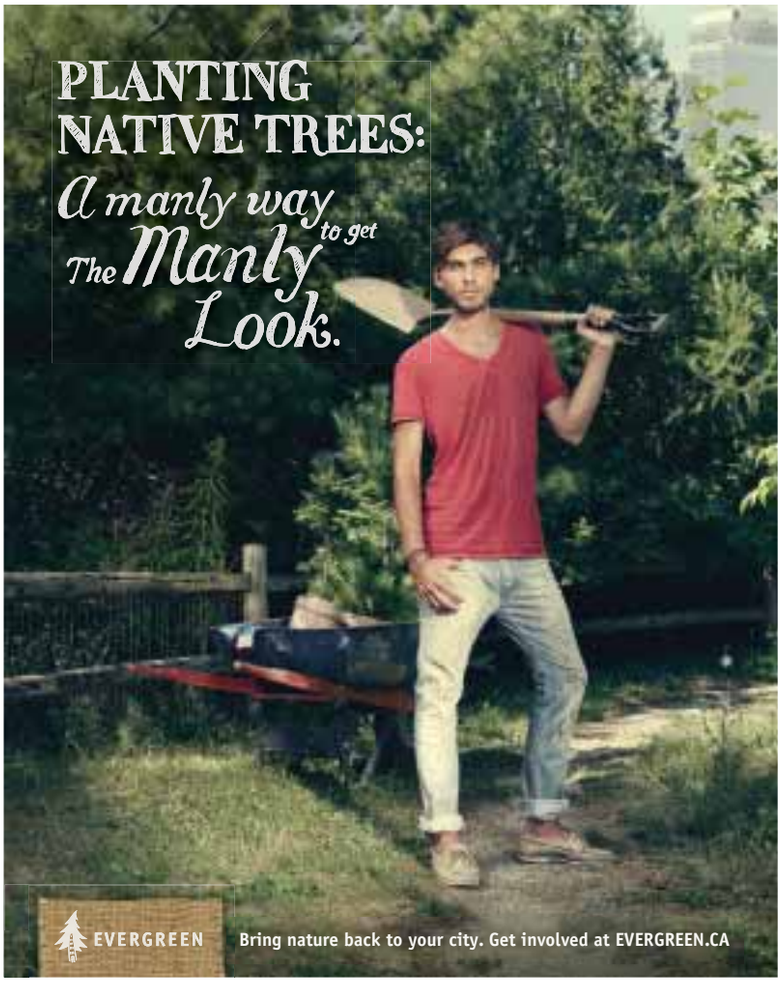


Don't blame us if you're caught relishing in your own reflection once or twice this month. ISTOCK

Stepping out with the 'stache

In recognition of Movember, TOMS is offering shoes in two different styles featuring the signature moustache

- A portion of the proceeds goes to Movember, and, like all TOMS shoes, with every pair purchased a pair is given to a child in need.
- **Check out toms.ca/movember for more.**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Worried about your sushi rolling skills? No need with these squares

Smoked Salmon Sushi Squares

This recipe makes 16 servings. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

ROSE REISMAN
for more, visit
rosereisman.com

My corporate clients vote this their favourite appetizer. It's the perfect solution for those who shy away from sushi because of concern about eating raw fish.

The key is cooking the sushi rice properly. I always use a water-to-rice ratio of one-to-one, never stir the rice, and keep it covered even when it's cooling — using a rice cooker is easy, since it can never go wrong. You can find rice wine vinegar already flavoured for sushi, so you don't have to add any sugar. Nori is available in good quality supermarkets and Asian food shops.

Ingredients

- 2 cups sushi rice
- 2 cups water
- 1/4 cup rice wine vinegar
- 1 tbsp granulated sugar
- 16 thin slices English cucumber (unpeeled)
- 4 oz smoked salmon
- 1 tbsp light mayonnaise
- 1/2 tsp wasabi (Japanese horseradish)
- 1 sheet nori (dried seaweed)
- 1 tsp sesame seeds, toasted
- low-sodium soy sauce, wasabi and pickled ginger (optional)

1. Combine the rice and water in a saucepan. Bring to a boil and boil for 1 minute. Reduce the heat to low, cover and cook for 12 minutes. Remove from the heat and let stand, covered, for 10 minutes.

2. While the rice cooks, combine the vinegar and sugar in a small saucepan. Bring to a boil, stirring to dissolve the sugar. Remove from the heat.

3. Turn the rice out into a large bowl. Stir in the vinegar and sugar mixture. Cool just until the rice no longer feels hot. Don't let the rice get cold or it will dry out.

4. Line an 8-inch-square baking dish with plastic wrap. Cover the bottom with the cucumber slices. Lay the smoked salmon over top. Mix the mayonnaise and wasabi together and spread over the salmon.

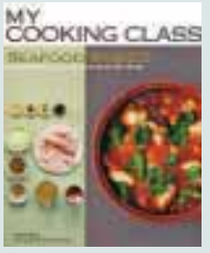
5. Place half of the rice over the mayonnaise. Pat it firmly to an even thickness, dipping your fingers in water to prevent the rice from sticking to your hands. Top with the nori. Add the remaining rice, patting it firmly to an even thickness.

6. Invert onto a serving platter and cut into 16 pieces. Sprinkle with the sesame seeds. Serve immediately, or cover with plastic wrap and refrigerate for up to 8 hours. Serve at room temperature, garnished with soy sauce, wasabi and pickled ginger, if desired.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Cookbook of the Week

Dive into the sea



With step-by-step photo directions and 86 recipes, My Cooking Class: Seafood Basics by Abi Fawcett is your guide to mastering seafood. Tutorials demonstrate basic techniques such as filleting a cooked round fish and butterflying shrimp, and concise instructions remind cooks of the do's and don'ts of handling seafood.

Seafood Basics is divided into eight chapters and includes recipes such as: Classic Fish Stew, Crab Bisque, Moroccan Fish Tagine, Louisiana Seafood Gumbo, Saltencrusted Sea Bass, Fresh Fish Pizza, Creamed Clam Linguine, Quick Monkfish Curry, Maryland Crab Cakes, Lobster with Cayenne, Stuffed Baked Squid and Spanish Seafood Paella. METRO

Peanuts and cucumber give salmon fresh nutrition boost

Here's an easy and light dinner option that combines the fresh tastes of lime and jalapeno and delivers healthy omega-3 fatty acids.

For a spicier relish, add more jalapeno and/or include the seeds.

You can also serve the relish over grilled lean steak or chicken instead of salmon.

This recipe considers the nutritional needs of people who live with diabetes.

This recipe serves four. NEWS CANADA

Ingredients

- 1 cup (250 ml) English cucumber, diced
- 1/3 cup (75 ml) unsalted dry-roasted peanuts, chopped
- 1/4 cup (50 ml) fresh mint, chopped
- 1 jalapeno, seeded and diced (optional)
- 1 tbsp (15 ml) fresh lime juice
- 1 tsp (5 ml) finely grated lime zest
- 1 tsp (5 ml) granulated sugar
- 1/2 tsp (2 ml) freshly ground pepper
- 4 salmon fillets (about 4 oz/120 g each)
- 2 tbsp (30 ml) sweet Thai chili sauce

1. Toss the cucumber with the peanuts, mint, jalapeno (if you are using), lime juice, lime zest, sugar and half each of the pepper. Set aside.

2. Meanwhile, lightly coat a non-stick skillet or grill pan with cooking spray and set over medium-high heat. Season the salmon with the remaining pepper and cook for 4 to 5 minutes per side or until just coral in the centre.

3. Brush the fish with the chili sauce just before removing from the skillet. Taste and adjust the seasonings of the relish as preferred.

4. Spoon the relish over the salmon to serve. NEWS CANADA/ PEANUTBUREAU.CA

Salmon & Gouda Burgers. Fancy fare, casual dinner

1. With sharp knife or food processor, chop salmon finely.

2. Heat oven to 220 C (425 F). In bowl, place all ingredients, except buns and garnishes. Season to taste and combine. Divide preparation into 4 to 6 parts and shape into patties. Place patties on parchment-lined baking sheet on centre rack of oven. Cook burgers for 15 minutes, turning over once.

3. Heat buns and place burgers on them. Garnish with mayonnaise, carrots and cucumbers.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients

Salmon and Gouda Burgers

- 650 g (1 1/3 lb) skinless, boneless salmon fillet
- 1 clove garlic, chopped
- 3 green onions, chopped
- 10 ml (2 tsp) finely chopped ginger root
- 5 to 10 ml (1 to 2 tsp) sesame seed oil, to taste
- 30 ml (2 tbsp) soy sauce
- 30 ml (2 tbsp) chopped fresh coriander
- 1 egg
- 150 ml (2/3 cup) panko crumbs
- 90 to 125 g (3 to 4 oz) Gouda cheese, finely diced
- Freshly ground pepper, to taste
- 4 to 6 small sesame seed burger buns

Garnishes

- 50 ml (1/4 cup) mayonnaise
- 125 ml (1/2 cup) grated carrots
- 24 thin cucumber slices

Easy seasonal room updates

Your space. Get an affordable new look in a matter of minutes

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Updating your place can be done quickly and inexpensively by shaking up your accessories.

With fall settled in and winter on its way, adding a few trend-setting home comforts will help give your rooms a boost.

What's hot for fall/winter is bold patterns and strong colours.

Here's a primer as to what changes will give you the biggest bang for your buck.

Modular carpet tiles are a great way to add creativity to an entrance. FLOR.COM

Front Entrance

Here's your chance to create a stylish welcome with something that is not only attractive, but useful. A series of modular carpet tiles can be arranged to fit any entrance and the design/colour choices are endless. They are usually made of synthetic, durable low-weave carpeting pieces, so are flat enough to slide under existing closet hall doors and simply stick in place to the floor with safety tape. Other ways to add pizzazz to your front entrance: a new pendant light, a wall hung mirror, or simply paint the inside of your door a fashionable colour.
Remembrance carpet tiles, flor.com

Liven up your bedroom with bright bedding sets. URBANOUTFITTERS.COM

Bedding

The bed is the largest piece of furniture in the bedroom, so making a seasonal change with bedding means changing a large part of the room. Try to include colours that already exist in the bedroom so that your new bedding blends with the entire room's decor scheme. Don't forget the designer details such as a co-ordinating bedskirt, pillow shams and a decorative top blanket. Other ways to liven up your bedroom: add stationary drapery panels on each side of the window, paint the wall behind the bed a fashionable colour or add a new upholstered headboard.
Paper Medallion bedding, urbanoutfitters.com

Consider pillows to be artwork for the sofa. POTTERYBARN.COM

Living room

For most good decorators, the colour of the sofa is neutral, which means injecting some colourful pillows isn't that difficult. Wondering where to find inspiration for your new pillows? Look no further than a great colour in your artwork or area rug to create a pulled-together room. Other ways to decorate your living room: a new area rug, lampshades or a cosy throw will all help to take your room from boring to fabulous for just a few dollars and in just minutes.
Suzani embroidered pillow cover, potterybarn.com

Cleaning wine glasses without soapy residue

A friend of mine who loves fine wine recently told me that you should never use dish soap to clean expensive wine glasses. Is this true? If so, how do you get them really clean?

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

I've heard this theory as well. They say that when you wash a glass with dish soap — no matter what kind of dish soap — there is always a good chance that a small amount of the soap residue is left inside the glass and that when you pour the wine into the glass it will affect both the taste and enjoyment of the drink.

I've done some investigating and some manufacturers, such as Riedel crystal, who specialize in wine glasses, agree with this theory. So how do we deal with this? The recommended way to clean this type of glassware is first to rinse the wine glasses under the tap with lots of warm running water, then with steam, such as over a steaming pot on the stove. The steam does two things. First, it will disinfect the glass and secondly it helps ensure no spots of any kind are left. Once the glass has been steamed, a good, dry linen or cotton dishtowel is ideal to dry it, leaving the glass spot free and with a beautiful shine.

CHARLES THE BUTLER IS PROUD TO ANNOUNCE THAT THE CHARLES MACPHERSON ACADEMY WAS AWARDED THE PRESTIGIOUS EDUCATOR OF THE YEAR AWARD!

There is always a chance that soap residue is left inside the wine glass after cleaning. You don't want to affect the enjoyment of your expensive wine! ISTOCK IMAGES

SPORTS 4

Building hallowed ground in the Bay Area?

MLB. Giants brass talk dynasty amidst World Series celebration

San Francisco Giants CEO Larry Baer wants to add more World Series championships to the two his franchise has captured the past three seasons.

Why not build a baseball dynasty in the Bay Area?

Baer said Wednesday the front office is already hard at work beginning plans for the 2013 roster — and he is optimistic many familiar faces will stick around, including second baseman and NL championship series MVP Marco Scutaro.

"Nobody thinks we should be done," Baer said. "I think we want to get lots of people back, and he's one of them.... My favourite sign was 'San Francisco, Happiest Place on Earth.' That's how we all feel about this. That's what the goal is."

National League West champion San Francisco completed a four-game sweep of the Detroit Tigers on Sunday night. The Giants and the city celebrated with an orange-and-black parade through downtown Wednesday.

General manager Brian Sabean called it a priority to re-sign Scutaro, centre fielder Angel Pagan and left-handed reliever Jeremy Affeldt. So far, he said, his staff has spoken only "informally" about what's next as everyone wanted to get through Wednesday's festivities before starting in earnest.

Scutaro, who celebrated his 37th birthday Tuesday and then partied with his teammates a day later before they part ways for the winter, said it's a no-brainer he would like to return.

"What a question. Of course I want to come back," Scutaro said. "Sometimes there are decisions you can't control. I don't know what they're thinking, what other teams are thinking. I just have to wait. The only thing I can say is I hope everything works out because I want to come back here."

THE ASSOCIATED PRESS

Quoted

"I want 15 years, three thousand million dollars."

Free agent second baseman Marco Scutaro, joking when asked Wednesday what it would take to bring him back to San Francisco

Fans line Market Street in San Francisco on Wednesday to celebrate the Giants' World Series championship. EZRA SHAW/GETTY IMAGES

MMA. UFC's St-Pierre learns more not always better

Georges St-Pierre has somehow managed to find the silver lining to reconstructive knee surgery and the lengthy rehab that inevitably follows.

"This injury was a negative thing in the beginning but it became a positive thing at the end," said the UFC welterweight champion.

"Because it allowed me to correct my training and make it better and improve it."

St-Pierre (22-2) will test his knee and new training regimen — part of which involved training with track sprinters in his hometown of Montreal — on Nov. 17 against Carlos "Natural Born Killer" Condit, who won the UFC's interim title during St-Pierre's absence.

The two 170-pound division belts will become one at the Bell Centre Nov. 17, where the real welterweight champion will be confirmed at UFC 154 in St-Pierre's first fight since an April 2011 win over Jake Shields in Toronto.

It's a welcome return for the UFC, which counts the 31-year-old St-Pierre as its biggest pay-per-view draw.

St-Pierre has long been known for gruelling workouts and for taking little time off from the gym. He now believes his injury was perhaps caused by that pedal-to-the-metal training approach.

"I had the mentality that more is better, but I realize that's wrong. Smarter is always better."

As a result, he says he is enjoying his training more.

"I have more fun doing it," he said. "I'm more fired up to go train now." THE CANADIAN PRESS

Quoted

"My knee feels like it never happened.... It's very strong."

Georges St-Pierre on his surgically repaired left knee

NBA

Pacers steal win No. 1 from Raptors

David West scored 14 of his 25 points in the fourth quarter Wednesday as the Indiana Pacers edged Toronto 90-88, spoiling what had been a thrilling Raptors' regular-season opener at Air Canada Centre.

Kyle Lowry scored 21 points, while Jonas Valanciunas had 12 points and 10 rebounds in his NBA debut for the new-look Raptors.

Roy Hibbert and Paul George added 14 apiece for the Pacers.

THE CANADIAN PRESS

NBA

Harden makes immediate impact after signing pact with Rockets

James Harden agreed to a five-year, $80-million contract with the Houston Rockets on Wednesday.

The Rockets acquired the reigning Sixth Man of the Year in a stunning trade with Oklahoma City on Saturday night.

In Houston's season opener against the Pistons in Detroit on Wednesday night, Harden had 37 points and 12 assists in a stirring debut for the team to lift the Rockets to a 105-96 victory.

THE ASSOCIATED PRESS

James Harden drives to the basket on Pistons centre Greg Monroe on Wednesday in Detroit. THE ASSOCIATED PRESS

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Horoscopes

Aries
March 21 - April 20
At some stage today, you will have to admit that you got it wrong about someone to whom you took a disliking. It seems they are not so bad after all. Who knows, given time you may even become friends.

Taurus
April 21 - May 21
Someone in a position of power will make things happen for you, and you should be suitably grateful. Your path to the top will be a lot smoother if you become friends with people who can open doors for you.

Gemini
May 22 - June 21
If you are on the move today, you will enjoy your journey more if you travel with like-minded people. Be adventurous but be friendly too. You won't have to try too hard to make a good impression.

Cancer
June 22 - July 23
If you need to get back on good terms with someone you have fallen out with, now is the time to work things out. Don't let your pride stop you from making the first move. Soon you will be best buddies again.

Leo
July 24 - Aug. 23
If you are looking for a new love, you may find it over the next 24 hours. However, as romance planet Venus opposes changes planet, Uranus, it may not be long-lasting, so don't take it too seriously.

Virgo
Aug. 24 - Sept. 23
Strive to stay on good terms with people you have to work with on a day-to-day basis. The last thing you want is to fall out with someone whose presence you cannot avoid. Be nice. It's not so difficult.

Libra
Sept. 24 - Oct. 23
You need to talk over your differences with a loved one who has been difficult to get along with of late. Most likely the cause of their annoyance is petty and easily resolved. Approach them about it today.

Scorpio
Oct. 24 - Nov. 22
Because you don't like to let strangers see your vulnerable side, you can at times seem a bit hard and emotionally distant. What happens today will show your caring, sharing side. Some may be surprised it exists!

Sagittarius
Nov. 23 - Dec. 21
No matter how much you know or think you know, there is always something new to learn and what you discover today could change your life in so many ways. Never stop loving, laughing and learning.

Capricorn
Dec. 22 - Jan. 20
There is no point worrying too much about your cash flow but on the other hand you cannot afford to ignore it completely. Changes (and savings) need to be made but they don't have to be excessive.

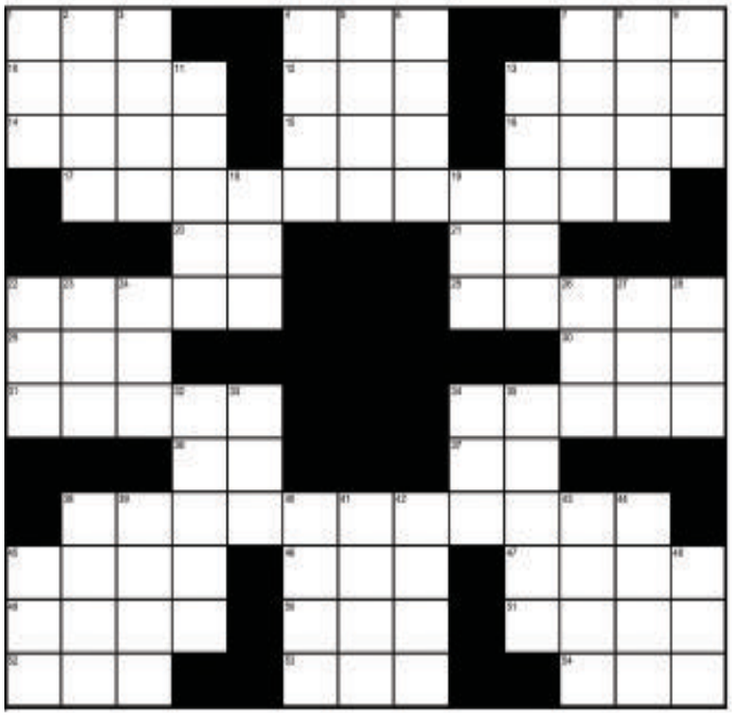
Aquarius
Jan. 21 - Feb. 19
No matter how ambitious you may be, you know it is never right to take advantage of other people to get to the top. Someone you work with needs to be reminded of that fact today — maybe quite sharply.

Pisces
Feb. 20 - March 20
Forget about what might have been. Think only about what will be. There is no point feeling regret or remorse. It won't change a thing. Today is the first day of the rest of your life. Use it and enjoy it.

SALLY BROMPTON

Canadian Crossword

BY BETTY MARTIN



Across
1. Pigs abode
4. Response to a ques.
7. Resort
10. Blouse or skirt line
12. — Paulo, Brazil
13. Nova
14. Allowance
15. Feel poorly
16. Army vehicle
17. Winter happenings (2 words)
20. "Shall — Dance"
21. Weatherman Roker
22. Rent
25. Actor/Director Woody —
29. Actress Dolenz
30. Food for Mister Ed
31. A great lake
34. Due —
36. South Carolina neighbour (abbr.)
37. Et —, Brute
38. Varieties
45. Healing lotion
46. Mineral
47. Gab
49. Ernie's buddy
50. Pub
51. Merit
52. File extension
53. Ogle
54. Embroider

Down
1. Supersonic jet
2. Afternoon socials
3. Kitten plaything
4. Quickly
5. Hammer partner
6. By oneself
7. Ollie's partner
8. Agony
9. Noah's vessel
11. Cat's cries
13. Yet
18. Tiny
19. Babies cry
22. — de dah
23. Australian bird
24. The Fresh Prince of Bel —
26. Ed Asner role on The Mary Tyler Moore Show
27. Consume
28. Ultimate degree
32. Beginning
33. Non-commissioned Officer (abbr.)
34. Sault — Marie
35. An — of prevention....
38. Jeopardy host
39. Achy
40. Judge's garment
41. Waiter's burden
42. Only
43. — 70's Show
44. Gilbert of The Talk
45. President Lincoln, to some
48. Dynamite

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	1			3		2		
				4			6	3
				9	6	8		7
7	6				9		8	
				2				
	8		4				3	5
2		4	1	8				
6	3			5				
		1		7			9	

Yesterday's Sudoku

Weather

TODAY	FRIDAY	SATURDAY
MAX: 0° MIN: -4°	MAX: -2° MIN: -4°	MAX: 1° MIN: -4°

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